

Congress Program

6TH GLOBAL CONGRESS ON BEHAVIORAL ADDICTIONS 13 MAY 2025

09.00 - 09.30 REGISTRATION

09.30 - 10.00 OPENING SPEECH - HALL A

Mehmet Dinç, *The Turkish Green Crescent Society*

Mücahit Öztürk, *Board of Trustees, The Turkish Green Crescent Society*

Mahinur Özdemir Gökteş, *Republic of Türkiye Ministry of Family and Social Services*

Cevdet Yılmaz, *Head of the High Council of Fight against Addiction, Presidency of the Republic of Türkiye*

10.00 - 11.00 KEYNOTE SPEECH I - HALL A

Session Chair: Mücahit Öztürk

Keynote Speaker: Marc Potenza “New Perspectives from Theory to Intervention on Behavioral Addictions”

11.00 - 11.15 Coffee Break*

11.15 - 12.30 SESSION 1 - HALL A

Session Chair: Marc Potenza

Speaker: Sabrina Molinaro “Behavioral Addictions in Gen Z: Trends, Transformations, and Links to Other Risky Behaviors in Europe”

Speaker: Hae Kook Lee “Policy Support for Regulating Digital Media Use to Promote Adolescent Mental Health”

Speaker: Emmanuel Kuntsche “Past, Present, and Future of Artificial Intelligence in Addiction Research”

12.30 -13.30 LUNCH BREAK

13.30 - 14.30 KEYNOTE SPEECH II - HALL A

Session Chair: Sabrina Molinaro

Keynote Speaker: David C. Hodgins “Development and Impact of Public Lower Risk Gambling Guidelines”

14.30 - 15.00 Coffee Break*

*Poster presentations will be held during coffee breaks

15.00 - 16.15 **SESSION 2 - HALL A**

Session Chair: Eren Murat Diñer

Speaker: Aleksandar Štulhofer “Longitudinal Relationship between Pornography Use and Adolescent Sexuality and Well-being: Insights from the PROBIOPS Project”

Speaker: Süleyman Agah Demirgöl “Cross-sectional and Longitudinal Associations Between Problematic Pornography Use and Body Dissatisfaction in a Nationally Representative Sample of Young Hungarian Adults”

Speaker: Beata Böthe (virtual) “Exploring Recent Findings in Compulsive Sexual Behaviors Research”

15.00 - 16.15 **SESSION 3 - HALL B**

Session Chair: İlyas Kaya

Speaker: Cüneyt Evren “Internet Gaming Disorder and the Transition to Gambling Disorder”

Speaker: Norharlina Bahar “Gaming, Social Media, and the Stolen Childhood: A Developmental Perspective”

Speaker: Hande Ayraler Taner “Gaming Disorder Diagnosis and Treatment in Children and Adolescents”

16.15 - 16.30 **Coffee Break***16.30 - 17.45 **ORAL PRESENTATIONS - HALL A**

Session Chair: Şaziye Senem Başgöl

1. **Speaker:** Süreyyanur Kitapçioğlu “Weaving Hopes and Gaining Strength: Working with Internet Gaming Disorder from a Narrative Therapy Perspective”

2. **Speaker:** Büşra Bilgi “Examining Parental Experiences in Managing Screen Use in Early Childhood: Development of a Narrative-Based Support Guide”

3. **Speaker:** Tuğba Bozdemir “Demographic, Addiction, and Psychological Characteristics of Adults with Gaming Disorder”

4. **Speaker:** Oğuzhan Zengin “Gaming Addiction in Adolescents: The Relationship between Perceptions of Social Support and Attachment Styles”

5. **Speaker:** Ferhat Bayoğlu “Evaluation of the Effect of the ‘Changing Me’ Group Intervention Programme Prepared to Prevent Problematic Internet Use on High School Students’ Internet Use Behaviours”

*Poster presentations will be held during coffee breaks

16.30 - 17.45 ORAL PRESENTATIONS - HALL B

Session Chair: Hakan Çetin

1. **Speaker: Ashhan Eslek** “The Effectiveness of Psychodrama in Gambling Disorder Through a Case Study”
2. **Speaker: Nisa Nur Çalışkan Şen** “Understanding Family Characteristics in Gambling Disorder”
3. **Speaker: Ersin Alpaslan** “Comorbidity of Gambling Disorder and Alcohol-Substance Use Disorder: A Retrospective Study”
4. **Speaker: Veysi Aka** “The Historical Transformation of Gambling in Türkiye from Marginality to Sociality”
5. **Speaker: Hümeyra Mutlutürk** “Examination of Social Risk Level Differences in Behavioral Addictions”

16.30 - 17.45 ORAL PRESENTATIONS - HALL C

Session Chair: Şahin Bayzan

1. **Speaker: Nihan Sönmez** “Age-Related Differences in Internet Addiction: Findings from a Large-Scale Study Using the Turkish Version of Young’s Internet Addiction Test Short Form”
2. **Speaker: Oğuzhan Koyuncu** “Psychometric Development and Validation of the Hyperfocus Questionnaire for Children and Adolescents: Associations with Internet Addiction”
3. **Speaker: Mehmet Büyükcörok** “Enhancing University Adjustment and Reducing Digital Addiction: A Positive Psychology Approach”
4. **Speaker: Hülya Yaman** “The Relationship Between Social Media Addiction, Sleep Quality, and Occupational Balance Among Generation Z University Students”
5. **Speaker: Onour Impram** “Digital Addiction and Psychological Intervention: The Impact of Cognitive Behavioral Therapy on University Students”

6TH GLOBAL CONGRESS ON BEHAVIORAL ADDICTIONS 14 MAY 2025

09.30 - 10.15 **SESSION 4 - HALL A**

Session Chair: Hakan Coşkunol

Speaker: Attila Szabo “Exercise Addiction: The Roadblock to Clinical Assessment”

Speaker: Nicole Avena “The Science of Food Addiction: Implications for Obesity and Public Health”

10.15 - 10.30 **Coffee Break***

10.30 - 11.30 **KEYNOTE SPEECH III - HALL A**

Session Chair: Emmanuel Kuntsche

Keynote Speaker: Hae Kook Lee “Lesson from Korean Game Addiction Cohort Study”

11.30 - 11.45 **Coffee Break***

11.45 - 12.45 **KEYNOTE SPEECH IV - HALL A**

Session Chair: İhsan Karaman

Keynote Speaker: Joshua Grubbs “Beyond Behavior: Understanding Subjective Distress and Moral Incongruence in Problematic Pornography Use”

12.45 - 13.45 **LUNCH BREAK**

13.45 - 15.00 **SESSION 5 - HALL A**

Session Chair: Merih Altıntaş

Speaker: Charles Livingstone “The Global Growth of Gambling and Gambling Harm: What We Can Do to Prevent and Reduce the Harms of Gambling”

Speaker: Stig Erik Sørheim “Policy Matters. Why NGOs are Getting Involved in Gambling Policy”

Speaker: Sari Castrén “New Risks and Challenges in Behavioral Addictions (Gaming, Gambling, or Social Media)”

15.00 - 15.15 **Coffee Break***

*Poster presentations will be held during coffee breaks

15.15 - 16.30	SESSION 6 - HALL A
	<p>Session Chair: Müge Bozkurt</p> <p>Speaker: Joshua Grubbs “Sports Gambling in the 21st Century: Insights and Challenges”</p> <p>Speaker: Alexandre Kieslich da Silva “Gambling Disorder and the Online Betting Boom in Brazil: A Clinical Perspective”</p> <p>Speaker: Elisa Benedetti “Adolescent Risk Behaviors in the South Mediterranean region: Insights from the MedSPAD Survey in North Africa and the Middle East”</p>
15.15 - 16.30	SESSION 7 - HALL B
	<p>Session Chair: Murat Şentürk</p> <p>Speaker: Hediyeullah Aydeniz “Game Rating Systems and a Guest for ‘Child Friendly Game Information System”</p> <p>Speaker: Oğuz Gülleb “Game Rating Systems: Reflection of Current Practices on Games through Game Analyses”</p>
16.30 - 16.45	Coffee Break*
16.45 - 18.00	SESSION 8 - HALL A
	<p>Session Chair: M. Tayyib Kadak</p> <p>Speaker: David C. Hodgins “The Long and Winding Road to Gambling Disorder Treatment and Recovery”</p> <p>Speaker: Burcu Akın Sarı “The Comorbidity of Internet Gaming Disorders”</p> <p>Speaker: Dilara Demircan “Intervention, Treatment, and Recovery in Gambling Disorder: Insights from the YEDAM Model”</p>
16.45 - 18.00	SESSION 9 - HALL B
	<p>Session Chair: Adem Başpınar</p> <p>Speaker: Hüseyin Hayri Nuroğlu “The Economy of Addiction and Türkiye: The Size, Strategies, and Impacts of the Addiction Economy”</p> <p>Speaker: Zeliha Traş “Digital Addiction in Children”</p> <p>Speaker: Aydoğan Aykut Ceyhan “‘Improving Me’ Group Intervention Programs for Internet-Based Addiction Symptoms “</p>
18.00 - 18.10	Closing Remarks

*Poster presentations will be held during coffee breaks